

Saffimah Northfield Academy

Daisy drive, Kuchikau phase 2. Near Sino block industry and 1 km away from Birmingham University
08035967050 | info@saffimah.com



Healthy Eating Policy

We believe every child should have a good balance diet as this is vital for children's development. Equally, we are happy to serve food provided by parents; if you provide food for your child please, follow healthy eating guidelines.

Children are offered water or any other drinks provided by parents with their meals or snacks.

We will sit and eat with children and provide a good role model for healthy eating. Children will be encouraged to develop good eating skills and table manner and will be given plenty of time to eat.

If you have any concerns, we will be happy to meet with you and discuss them with you.

Sign/Date: _____

Parent of: _____